

Parenting *with* Positive Discipline

Parenting with Positive Discipline will show you how to:

- Be more effective as a parent and have fun in the process
- Discipline your child with kindness and firmness
- Create an atmosphere of mutual respect and cooperation

Classes will be held at
Trinity Lutheran Church
6215 196th St. SE
Lynnwood, WA 98036

Six weeks - Wednesday evenings
6:30-9:00pm
April 13, 20, 27, May 4, 11, 18

Cost:

Singles \$135

Couples \$185

(Persons parenting together)

We accept checks/money orders
OR credit/debit cards
See *registration form* for details

Sorry- no child care

Space is limited-register early!



Topics covered in the six week session include:

Parenting styles
Encouraging vs. praising
Empowering vs. enabling
Logical and natural consequences
Punishment vs. solutions
Setting limits

In *Parenting with Positive Discipline* you will learn a common-sense approach that really works while developing a genuine, *positive* connection with your child.

For Information and Registration please contact

Kris Dudak 425-771-8433

preschool@trinitylutheranchurch.com

Lynne Springer 425-238-9320

lynnespringermsw@comcast.net

Trainers:

Kris Dudak, BA

Director, 24 years
Trinity Lutheran Preschool
Certified Positive Discipline Trainer

Lynne Springer, MSW

Therapist
New Beginnings Counseling
Certified Positive Discipline Trainer

Kris Dudak
Trinity Lutheran Preschool
www.trinitylutheranchurch.com/explore/schools/

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